



Seven Oaks Elementary School Guidance Program

Guidance Services

At Seven Oaks Elementary School, our guidance program is designed to encourage and support the students. A variety of services are provided through our guidance program that keep our students actively involved. These services include:

- ✓ Classroom guidance
- ✓ Classroom meetings
- ✓ Small groups
- ✓ Individual counseling

Classroom Guidance

Our classroom guidance lessons form the core of the education and prevention component of the guidance program. Our lessons cover a variety of topics including academic study skills, cooperation, character development, citizenship, substance abuse, and stranger safety. During our lessons, the students are active participants.

Classroom Meetings

Classroom Meetings are regularly scheduled times when the teacher, counselor, and class sit down together to discuss items of common interest. Meetings begin with compliments and continue with discussion of ideas, academic and behavioral situations, and may also include role-plays. Classroom meetings help develop trust, communication skills, and social and academic courage in young students.

Small Groups

During the school year we offer a variety of small groups to assist students with specific needs. The small groups meet once a week for thirty minutes. During this time, children interact with others who might be experiencing the same challenges. As a group, the students are actively engaged in activities that promote success. Children may be selected to participate in one of the following groups:

- ✓ Changing families (Divorce, separation, re-marriage)
- ✓ Friendship (Social-skills)
- ✓ Anxiety
- ✓ Anger Management

Individual Counseling

Occasionally, a student may need individual assistance in solving problems. Students can meet with a counselor individually on a short-term basis. If you feel that your child could benefit from individual contact with the counselor, please feel free to call our guidance office.

*School counselors are not intended to take the place of a licensed therapist. However, they are available as a resource to your child in times of crisis.

Character Education

Guidance highlights a different character trait each month. Each monthly trait will compliment classroom guidance lessons. The following are the monthly traits that have been selected for the current academic year:

- August/September - Responsibility
- October - Trustworthiness
- November - Citizenship
- December - Caring
- January - Fairness
- February - Perseverance
- March - Cooperation
- April - Diligence
- May - Tolerance

Bullying Prevention Program

The Guidance Department has implemented a Bullying Prevention Program. At the beginning of the year teachers review the school policy on bullying so that each student will be familiar with the consequences associated with bullying behaviors. In addition, guidance provides a lesson on bullying so that students know what to do if they are being bullied.

Contact Information

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